

# ADVENTURE AT PEACE EXCURSIONS

# LOCAL EXCURSIONS | \$75

Payments are cash only. \$75 up-charge for horseback riding.

#### SURF LESSON

Surf one of the most famous breaks in the world! Beginners welcome. Med-high intensity. Includes transport, board rental and 1 hour surf lesson.

# STAND-UP PADDLEBOARDING (SUP)

Explore the river and mangroves in Guanacaste. Beginners welcome. Includes transport, board rental and guide. Low-medium intensity; 2 hours.

#### NATURE HIKE

Enjoy this 4+ mile guided hike to a small swimming hole and waterfall. Not available during dry season (Feb-May). High intensity; up to 2 hours.

# ZIPLINE

Fly through the jungle and even bungee jump off a tree platform in this exhilarating experience! Medium intensity; up to 2 hours.

#### MOUNTAIN BIKING

Guided mountain bike tour through the hills of Los Pargos and Playa Negra. Medium-high intensity; up to 3 hours.

# HORSEBACK RIDING (\$150)

Explore jungle trails, sandy beaches, and oceanside cliffs on horseback. Beginners welcome. Medium Intensity; up to 3 hours.

# ALL-DAY EXCURSIONS | \$150

Payments are cash-only and have a 4-person minimum. All tours include transportation and lunch.

# RINCON DE LA VIEJA

All day adventure experience to the Rincon De La Vieja National Park which includes zip lining, horseback riding, white-water tubing, lunch, mud bath, and hot springs. 2-hour drive (one way).

#### LA LEONA WATERFALL

Hike and swim in one of the most beautiful waterfalls in Costa Rica! You'll experience the lush volcanic waters and scenic wildlife of the Costa Rican jungle. The drive is approximately 2-3 hours (one way).

# TENORIO VOLCANO NATIONAL PARK & WATERFALL

Enjoy this scenic trip to the Rio Celeste "blue waterfall", one of the most recognizable waterfalls in the world. Please note, due to the protected land of the national park, visitors are not permitted to swim in the waterfall. The drive is approximately 3-4 hours (one way).

Prices do NOT include tips. Please be ready 15 minutes prior to your excursion departure. Cancellations within 24 hours will incur a 50% fee of excursion price. Missed excursions will be charged full price.